

If you are interested in contacts today, please read and sign:

<b>Contact Lens Fees:</b> <b>These fees do <u>not</u> include:</b> The refraction fee The cost of an comprehensive eye exam The cost of the contact lenses	<b>New Fit: (Price includes training and follow ups)</b> <b>Yearly exam that entails problems or changes</b>	<b>Yearly contact lens exam :</b> <b>No problems or change in lenses.</b>
<b>Contact type:</b>		
Soft Lenses	80.00	60.00
Spherical RGP – Low Cylinder Soft Toric	150.00	60.00
Specialty Fit – Monovision, Bifocal, Multifocal Bi-Toric, Front Toric – Soft or RGP	200.00	90.00
High Cylinder Soft Toric(+2.25 or higher)	200.00	90.00
Medical fits - Keratoconus Abnormal cornea	450.00	90.00

**All fees include 45 days of follow-up care at N/C. Additional follow-up visits are \$35.00 each.**

Above fees do **NOT** include the cost of the contact lenses

BY LAW, WE CANNOT GIVE OUT CONTACT LENS PRESCRIPTIONS UNLESS WE HAVE SEEN THE PATIENT WITHIN THE LAST YEAR.

#### **PAYMENT**

Fees for the comprehensive exam, contact lens fitting, or annual contact lens checks are **due at the time of service**. The full estimated payment is required for all contact lens orders, with the exception of trial lenses. Any remaining payment must be paid at the time of pick-up before the contact lenses will be dispensed. All specialty lenses are ordered with a warranty to guarantee they are returnable. Replacement contact lenses will only be dispensed when original lenses are returned to our office. We accept cash, checks, VISA, MASTERCARD, DISCOVER and AMERICAN EXPRESS. After the initial fit, we will gladly order contact lenses over the phone with a credit card as long as the prescription is valid.

#### **REFUNDS**

**There will be no refund on custom lenses, opened boxes of lenses, or colored lenses because of dissatisfaction with the color.**

If, however, the doctor decides to discontinue the patient's contact lens use, a full refund of the unopened contact lenses will be given. There will be **NO** refund of the exam, fitting, or annual contact lens check fees.

**I have read and understand the Contact Lens Policy, the Contact Lens Fee Policy, and the Contact Lens Care Guide. All of my questions have been answered and I have received copies of the above information. I understand that my compliance with the Contact Lens Care Guide is of the utmost importance in the health of my eye.**

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Patient/Guardian Signature

Date

## **PLEASE READ COMPLETELY AND KEEP FOR YOUR RECORDS**

Advancements in contact lens technology offer the potential of successful contact lens wear to most of our patients. A contact lens is a medical device in contact with the tissues of your eye; therefore, it must fit appropriately to maintain the health of your eyes. A contact lens prescription can only be determined by the careful observation of the lens on the eye and the eye's response to the lens on follow-up visits. Since follow-up care is essential, it is your responsibility to keep all appointment and follow all lens care instructions.

### **THE COMPREHENSIVE EYE EXAM**

Before a patient can be fit with contact lenses, a complete medical and refractive eye examination is necessary. This exam is critical to assure the good health of your eyes and to rule out the possibility of any unsuspected, underlying condition that may prevent contact lens use.

### **CONTACT LENS FITTING**

The goal of contact lens fitting is to find the most appropriate contact lens for each patient's optimal vision and comfort. An enormous variety of types, materials, sizes and colors are offered. We are committed to taking the time and effort to fit your contact lenses properly. Although many patients will need only one fitting session, sometimes this process requires several appointments. In our experience, the extra time, effort and patience are well merited by both your ultimate satisfaction and the health of your eyes. All patients being fit into contacts for the first time must go through the fitting process. We will not finalize the contact lens prescription until both the patient and the doctor are satisfied with the fit and visual acuity of the contact lens. We will provide one set of trial lens. If any additional lenses are necessary, there will be a fee of \$5.00 to cover the cost of the lens. Any patients who are changing lens brands must also have a new fitting. A contact lens fitting does not have to be performed on the day of the comprehensive eye exam and can be performed in an additional appointment slot.

### **CONTACT LENS TRAINING SESSION**

The patient will be provided with personalized instruction concerning the safe care and usage of contact lenses. The first training will be up to 30 minutes long. If additional time is needed, it will be necessary to schedule a second 30-minute training session at a different time. Upon completion of successful insertion and removal, the patient may begin wearing the contact lenses and we will schedule the first follow-up appointment. (It is our experience that children learn these new skills more quickly without the parents in the room.)

### **FOLLOW-UP APPOINTMENTS**

Follow-up appointments are necessary to assure several things:

1. The contact lenses are fitting and moving well
2. The prescription is providing the best possible vision
3. The eyes are remaining healthy
4. There are no problems with insertion or removal
5. The patient understands and complies with the recommended wearing schedule

There is no charge for follow-up visits during the first 45 days after receipt of contacts. **Follow-up visits after that time will be charged at \$35.00 and will be due on date of service.**

### **ANNUAL CONTACT LENS CHECK**

**By law**, a contact lens prescription is valid for only one year. All patients are required to come in for an annual contact lens exam. This is necessary to assure that the patient's eyes are healthy and the contact lenses are still fitting well. Contact lens prescriptions cannot be renewed without an annual exam. If we are seeing you for the first time, and you have had a contact lens prescription from another office, we must have a copy of that prescription before your exam in this office. Otherwise, we will consider it a new fit, which we may not have time to complete in your initial visit, and additional costs will apply.

## CONTACT LENS CARE GUIDE

- Always make sure contact lenses are right side out before insertion. The edges should “roll up” at the lens profile. If the edges are flared slightly the contact may be inside out. An inexpensive magnifier can be very helpful with this evaluation.
- Wear lenses for 4 hours on the first day and increase wear by 2 hours each day until a maximum of 12-14 hours has been reached.
- After removing contacts, clean properly and place in contact lens case, using new solution every day. Lenses should be stored at least 4-6 hours for complete disinfection.
- If wearing soft contact lenses that are not disposable, you must use an enzymatic cleaner. Your options are: 1) Liquid enzyme drops used daily or 2) Enzyme tablets used once a week. Lenses must soak in enzymatic cleaner for at least 4 hours for the process to be effective. Rinse lenses thoroughly after this process.
- Do not allow soft lenses to come in contact with water. Use only solution that is compatible with soft contact lenses.
- Do not sleep in contact lenses unless you have been fit with contacts specifically designed for this. Wearing contact lenses overnight in Colorado is difficult and risky.
- **NOTE:** If you have long fingernails, consult an optician for contact lens insertion and removal.

Some **ADAPTIVE SYMPTOMS** are normal for the first couple of weeks. These symptoms include, tearing the contact lens upon insertion or removal, mild sensitivity to light, a slight headache, foreign body sensation, dryness, and mild itching. These symptoms should clear up when all-day wear is achieved.

**ABNORMAL SYMPTOMS** include persistent pain, burning and excessive tearing, redness that does not clear up, hazy vision that remains more than one hour after removal, and abnormal sensitivity to light. If these symptoms occur at any time, you should remove the lenses and call our office. (669-1107)

**NOTE: Do not sleep in your lenses.** Should you fall asleep in your lenses, be sure to lubricate them well to loosen them before removal. Once the lens is moving freely on the eye, it can be removed. If only minor discomfort or a dry feeling exists, you can resume normal wear in 24 hours. If abnormal symptoms exist, contact our office. (669-1107)

### CLEANING SOLUTIONS AND REWETTING DROPS

- There are different types of cleaning solutions available. We will provide you with the best solution for your needs.
- Rewetting drops may be important for lubricating the eye and keeping the contact hydrated. To promote comfort, the lens must be well hydrated. Rewetting solutions also keep debris from building up under the contact lens. Frequency of rewetting drop use varies from patient to patient. If you do a lot of close work, such as reading or working on a computer, you may experience more dryness because of the reduction in blinking. Certain medications such as antihistamines, diuretics, and birth control pills contribute to dryness as well. Do not use an eye drop that is not specified for contact lens use.

### REMEMBER:

**Your compliance with the above is of the utmost importance to be successful with contact lens wear and to avoid any unnecessary trauma to the eye. Noncompliance with contact lens care can result in serious eye problems. Please contact Kirk Eye Center with any questions or concerns about contact lenses at any time.**